



**Contact:**

Richard Davis  
cardo42@yahoo.com  
801.491.8542 studio  
801.318.6264 cell

Kim Davis  
kimfrydavis@hotmail.com  
801.472.0007 cell

**FOR IMMEDIATE RELEASE**  
(photos attached, see second page for details)

## **Omega Martial Arts Announces Annual Black Belt Test**

*Sixteen Black Belt Candidates Testing in Springville*

SPRINGVILLE, UT, Oct 8, 2007 – Omega Martial Arts, located at 875 N Main Street, is proud to announce its annual Black Belt test scheduled for Friday, October 12 and Saturday, October 13. Sixteen students from Springville, Payson and Pleasant Grove will perform their martial art talents in hopes to receive the rank of black belt to third dan black belt.

This year's black belt test is open to the public starting at 6:00 p.m. on Friday and 9:00 a.m. on Saturday. During the three-hour Friday evening test, students present their written materials and basic forms. Saturday's test will showcase upper ranking taekwondo forms, weapon forms, individual creative martial art demonstrations, judo throwing and falling, self defense techniques, sparring, board and brick breaking, and the gauntlet -- which is the final 10-hour test of mental and physical technique and endurance.

“We have a very unique, tight-knit group of black belt candidates testing this year. The Springville students have created a nine person synchronized demonstration that they will be performing on Saturday morning as a tribute to their instructors and the students they teach. I have trained and challenged this powerful group of students over the last four to five years and seen their strength, self-confidence, and skill grow. I am confident in their experience and knowledge to instruct others and to run their own programs at Omega,” said Richard Davis, owner and head instructor of Omega Martial Arts in Springville. “Please come and watch their performances on Saturday.”

Omega Martial Art black belt candidates testing from the Springville school:

Maddy Morris, black belt – from Provo  
Martin Bradsaw, black belt – from Springville  
Stacy James, black belt – from Spanish Fork  
Troy Young, black belt – from Mapleton  
C.J. Giles, 1<sup>st</sup> dan black belt – from Springville  
Eric Soto, 1<sup>st</sup> dan black belt – from Provo  
Sarah Hinkley, 2<sup>nd</sup> dan black belt – from Santaquin  
Tanner Wilson, 2<sup>nd</sup> dan black belt – from Springville

Omega Martial Art black belt candidates testing from the Pleasant Grove school:

Alex Lindstrom, black belt – Highland  
Alicia Lindstrom, black belt – Highland  
Kenny Schemig, 1<sup>st</sup> dan black belt – Cedar Hills  
Jennifer Hilton, 2<sup>nd</sup> dan black belt – from Pleasant Grove  
Tim Albrethsen, head instructor, 3<sup>rd</sup> dan black belt – from Pleasant Grove

Omega Martial Art black belt candidates testing from the Payson school:

Jayman Davis, black belt, age 11 – from Salem

Bill Wright, 1<sup>st</sup> dan black belt – from Payson

Keaton Olson, 1<sup>st</sup> dan black belt – from Payson

It takes martial artists four to five years to earn a 1<sup>st</sup> dan black belt in the Omega system. Black belt candidacy begins with a formal presentation in February followed by five four-hour pre-testing sessions given by high ranking black belt judges to verify the candidates' knowledge of the system. The final black belt test is a two-day culmination in front of an Omega black belt board.

The Omega black belt board consists of president and grand master Dr. Davis 10<sup>th</sup> degree, shihan Pano Pederas 7<sup>th</sup> degree, shihan Jan Davis 6<sup>th</sup> degree, master Jason Davis 5<sup>th</sup> degree, kwanjangnim Richard Davis 4<sup>th</sup> degree, and kwanjangnim Jenny Jarvis 4<sup>th</sup> degree.

The test will be held at Omega Martial Arts located at 875 N Main Street, Springville, Utah. For questions, please call 801-491-8542.

### **About Omega Martial Arts**

Founded in 1987, Omega Martial Arts Utah is part of Omega Karate Schools, based in Colorado, and is accredited with North American Tae Kwon Do Organization (NATO). Omega Martial Arts teaches a hybrid of Tae Kwon Do, Jiu Jitsu, Self Defense, Weapons, Judo, Sparring and Hapkido in order to create a well-rounded martial artist. Its instructors are known for their superior technique and diverse martial art expertise and its programs are designed to motivate students toward respect and excellence. Omega Martial Arts has dojangs (or schools) in Springville, Payson, and Pleasant Grove.

### **Descriptions of attached photos:**

Photo 34: from left to right - Martin Bradshaw, Troy Young, Stacy James, Tanner Wilson, Maddy Morris, Sarah Hinkley, flying overhead is C.J. Giles

Photo 16\*: from left to right - Maddy Morris, Stacy James, Martin Bradshaw, Tanner Wilson, Sarah Hinkley, C.J. Giles, Eric Soto, Carla Bennett, Troy Young  
(these are all the students testing for black belt this year, except Carla who broke her knee fighting at a tournament)

Both photos taken by Darren Atkinson